



Scholarship Winners Featured at November Luncheon Meeting



Scholarship winners with Scholarship Committee members Liz Bednorz, Debra Angell, Christine Womack, Sue Conrad along with Alyce Thorp in center.



Amanda Galaviz with SBWN Membership Director and Scholarship Chair Christine Womack.



Honorary Member Maggie McKay with SBWN VP Debra Angell.



Dana Allen with SBWN Membership Director Christine Womack.



Member Sue Conrad with SBWN Secretary Sandra Brazil.



Danielle Bowen with Christine Womack.



Former SBWN President (1998) Alyce Thorp visits with recipients and Julianne Jackson of Cuesta College.

Photos by Monica Randeem



Members and guests enjoy visiting over lunch.

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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to the Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2013-2014 Coming Events

DECEMBER

Holiday Dinner & Benefit

Tuesday, 3rd @ 6:00 pm

Windows on the Water

699 Embarcadero #7

Morro Bay

Board Meeting

Tuesday, 10th @ 8:30 am

Financial Service Trends

2238A Bayview Heights

Los Osos

JANUARY

Luncheon

Tuesday, 7th @ noon

La Palapa

1346 2nd Street

Los Osos/Baywood Park

Speaker:

Marianne Kennedy

Executive Director,

Women's Shelter Program
of SLO

Board Meeting

Tuesday, 14th @ 8:30 am

Financial Service Trends

2238A Bayview Heights

Los Osos

FEBRUARY

Luncheon

Tuesday, 4th @ noon

La Palapa

1346 2nd Street

Los Osos/Baywood Park

Speaker:

TBA

Board Meeting

Tuesday, 11th @ 8:30am

Financial Service Trends

2238A Bayview Heights

Los Osos



A Message from Our President

It's almost here!

The annual Holiday Benefit and Dinner to benefit the SLO Women's Shelter is only a couple of short weeks away and I, for one, am really looking forward to it! The donations have been coming in and although we still have more that we need, I really appreciate the efforts of all of you have gone to solicit and collect them. Be sure to get your reservations in, of you have not already...the deadline is coming up fast and you won't want to miss it this year!

Many of you know the work and planning that goes into this event, and what makes it especially worth is all is the chance to be able to spend some quality time with our members

and their friends and family. We do the good work of fundraising for a worthy cause, but in the spirit of the season, being with you all holds a very special place with me. I have written before about the necessity to actively network but this event is all about FUN!

If you have not already, please consider making a tax deductible donation of a gift item or your services for the cause. I really want to make this anniversary and event one to remember and we cannot follow through without your support. I hope to see you all at the event! And we'll toast to 30 years and the holiday season!

Cheers,

G

MEMBERS have either a standing or absentee reservation for lunch. Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting. Book your reservation by calling 595-SBWN, emailing info@sbwn.org or online at www.sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$18 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. To receive a membership application call 595-SBWN or visit www.sbwn.org.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

Like Us!

A thought for the month...

"To educate yourself for the feeling of gratitude means to take nothing for granted, but to always seek out and value the kind that will stand behind the action. Nothing that is done for you is a matter of course. Everything originates in a will for the good, which is directed at you. Train yourself never to put off the word or action for the expression of gratitude.

– Albert Schweitzer

Happy Thanksgiving!

Thank You

To all the wonderful ladies of SBWN, I just wanted to say thanks again for the scholarship. It's truly a blessing to me and my daughter. It's not easy being a single mom, in school, with two jobs but where there is a will there is a way. God bless you all.

Sincerely,
Amanda Galaviz

South Bay Women's Network 2013 Holiday Dinner & Benefit

On Tuesday, December 3rd, beginning at 6:00 p.m., at Windows on the Water, located at 699 Embarcadero, Morro Bay, The South Bay Women's Network (SBWN) will host its annual Holiday Dinner & Benefit. This is our primary fund raiser benefiting the Women's Shelter Program of San Luis Obispo.

We will be celebrating our 30 year Anniversary with an elegant evening of delicious food, entertainment, appealing raffle prizes and silent auction items.

All prizes for the evening have been generously donated by members and local businesses. Raffle tickets will be available at the event. The cost for the benefit dinner is \$50.00 per person. All are welcome! Reservations are required and may be made by RSVP of the invitation you received in the mail or by calling 795-7296 to receive a reservation card. Seating is limited. The deadline for dinner reservations is Tuesday, November 26, 2013.

Women's Shelter Safe House Wish List:

PJs - All Sizes- Women, girls & boys
Socks (shoe wearing and sleeping) - All Sizes - Women, girls & boys (teen sizes too)
Underwear - little girl and little boy
Back packs
Gift cards to buy shoes. (Payless, Kohls...)
Diapers & wipes - All sizes

This is a very practical list. I think for January it should work very well. Thank you for keeping us on board, and for your commitment to our community.

— Beth Raub

**We had 22 Members & Guests
at Our November Luncheon
Welcome New Member
Carol Furtado
We Are 41 Members Strong**

ANNOUNCEMENTS!!!!!!

• Women in San Luis Obispo county, please take a moment to fill out the confidential questionnaire for the Commission on the Status of Women. Then please share with other women you know who live in the county. The data collected and compiled allows us to understand the current concerns and needs of women in our county and to provide real input to the Board of Supervisors. This important information is presented in our Annual Report to the BOS each spring, and we want to see all San Luis Obispo County women represented. <http://slowomen.org/new-2013-survey-on-line/>

• **LUNCHEON GUEST PASS GIVEAWAY** – We have a new giveaway at our luncheon meetings. Members can enter a drawing to win a free lunch for an invited guest. Bring your business cards for this drawing.

• **PENNIES FROM HEAVEN** – A penny jar will be at each meeting to begin raising money for our scholarship fund. So check your pockets and the bottom of your purse for loose change and bring to the next

• **Remember the newsletter is your voice.** *The Networker* newsletter invites SBWN members to provide women in business, women in life articles and photos of important events. A newsletter is one of the best ways for network members to stay in touch with what other members are doing. Keep them posted in **Network in the News** and **Personal Notes** columns. Information can be emailed to info@sbwn.org



Birthday Girls

Christine Womack December 17
Claudia Gwinn December 29
Sue Conrad December 30

2013-2014 SBWN Board of Directors

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LUNCH RESERVATIONS

595-SBWN
info@sbwn.org

More Photos of November Luncheon Meeting



SBWN Member Liz Bednorz with her guest Miriam Grisso.



SBWN Lunch Coordinator Sally Brooks checking Christine in.

What SBWN Members Did on Their Vacations



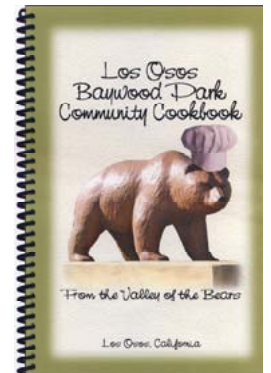
Susan Swadener at FNCE in Houston, Texas

If you have a photo to share of your travels please email it to info@sbwn.org

The NET ZONE

- The Los Osos Baywood Park Community Cookbook is now available just in time for the holidays.

The spiral-bound cookbook includes 150 recipes from more than 65 community members and provides a glimpse into our local kitchens. Three South Bay Women's members have recipes in the cookbook so pick one up and try them out.



Cookbooks can be purchased for \$10 at the LO/BP Chamber Office & Visitor's Center, Volumes of Pleasure Bookstore, and Los Osos Rexall Pharmacy and Gift Store. All proceeds benefit the Los Osos/Baywood Park Chamber of Commerce. For more information call 528-4884.

**ONE MONTH FREE
BUSINESS CARD SIZE AD
FOR ALL MEMBERS
YOUR AD HERE!**

ADVERTISING OPPORTUNITY - SBWN Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, 595-7296 for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org.

NEXT NEWSLETTER DEADLINE: December 15th