

## September Luncheon featured SBWN Member Megan Barnhard



SBWN President Gila Zak began the meeting with announcements.



SBWN Member Megan Barnhard shared great tips on how to write a better professional bio.

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SBWN Member Christine Womack gave an update on scholarship applications.



SBWN Board Members Deborah Howe, Jill Hamblin and Rita Flores.

Photos by Dawn Rodden

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### Mission Statement

**Professional business women promoting one another to achieve professional and personal goals.** SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award Cuesta College Scholarship(s) to female adult re-entry students.

## SBWN 2018-2019 Coming Events

### OCTOBER

#### Luncheon

Tuesday, 2nd @ noon  
Lunada Garden Bistro

**Speaker:** Ann Havlik

League of Women Voters

#### Board Meeting

Tuesday, 9th @ 5:30pm  
LO/BP Chamber  
781 Palisades Ave., LO

#### MIX & MINGLE

Tuesday, 16th @ 5:30 pm  
Stax Wine Bar & Bistro  
1099 Embarcadero, MB

### NOVEMBER

#### Luncheon

Tuesday, 6th @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### Speaker:

Scholarship Recipient(s)

#### Board Meeting

Tuesday, 13th @ 5:30am  
LO/BP Chamber  
781 Palisades Ave., LO

#### ADOPT-A-POLL

Tuesday, 6th

### DECEMBER

#### Holiday Dinner & Benefit

Sunday, 2nd @ 4:00 pm  
Windows on the Water  
699 Embarcadero #7  
Morro Bay

#### Board Meeting

Tuesday, 12th @ 8:30 am  
LO/BP Chamber  
781 Palisades Ave., LO

**Please note: there WILL NOT be a luncheon in December.**

## A Message to Our Members



October Luncheon Meeting, October 02, 2018 Lunada Garden Bistro

ABOUT SBWN JOIN SBWN MEMBERSHIP DIRECTORY EVENT LIST NEWS NEWSLETTERS SCRAPBOOK CONTACT US



#### LATEST NEWS



2017 Scholarship Winners



2017 Donation to Women's Shelter Program of SLO



2016 Scholarship Winners



2015 Donation to Women's Shelter

**MEMBERS** have either a *standing or absentee reservation for lunch.*

**Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting.**

**Book your reservation online at [www.sbwn.org](http://www.sbwn.org) or email [info@sbwn.org](mailto:info@sbwn.org)**

## How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$20 meeting fee for members; \$25 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at [www.sbwn.org](http://www.sbwn.org) or email [info@sbwn.org](mailto:info@sbwn.org) to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities

- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

Dear Members,

Our new website is up and running. Check out the clean and modern look. Some of the features to note are:

- Easier login for members, just click the MEMBER LOGIN button on the home page. If you can not remember your password, just click on the "Forgot Password" button and reset. Please check your member profile and make both copy and photo updates.

\* Events and News featured on the home page.

- Improved online membership sign up and the addition of online annual membership renewal.
- Improved event calendar/list.
- The option of making and paying for luncheon reservation for both a member and guest(s) in on transaction.
- Online scrapbook. (new photos to come).

What is coming next? We will be creating future newsletters through the website so watch for a new and exciting format in October.

– Dawn Rodden  
Marketing Director

### A thought for the month...

*"Don't let someone dim your light simply because it's shining in their eyes."*





## October Luncheon Meeting – Ann Havlik, League of Women Voters

On Tuesday, October 2, 2018, South Bay Women's Network (SBWN) will meet at Lunada Garden Bistro, located at 80 N. Ocean Ave. in Cayucos at noon. Join us for lunch to hear our featured speaker Co-President Ann Havlik of the League of Women Voters of San Luis Obispo County.

The League of Women Voters is a peoples' organization that has fought since 1920 to improve our government and engage all Americans in the decisions that impact their lives. They operate at national, state and local levels through more than 800 state and local Leagues, in all 50 states as well in DC, the Virgin Islands and Hong Kong. They never endorse or oppose political parties or candidates, but are political. Formed from the movement that secured the right to vote for women, the centerpiece of the League's efforts remain to expand participation and give a voice to all Americans. The League of Women's Voters does this at all three levels of government, engaging in both broad educational efforts as well as advocacy. Their issues are grounded in our respected history of making democracy work for all Americans.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$20 for members and \$25 for guests. Reservations due the Friday before luncheon.



**We had 14 Members & Guests  
at Our September Luncheon**

## ANNOUNCEMENTS!!!!!!

• **HOLIDAY DINNER & BENEFIT** will be held again be at Windows on the Water on Sunday, December 2nd at a 4 pm to enjoy the beautiful sunset on Morro Bay.

The Board is asking members to possibly donate just one item or ask your favorite business for a HOLIDAY DINNER & BENEFIT donation for our fundraiser. We need some overnight trips and other big ticket items for the Silent Auction. Remember great gift items sell raffle tickets and the funds we raise go to the Women's Shelter.

### INCLUDED IN THIS ISSUE ARE DONATION GUIDELINES!

*Please note that there WILL NOT be a luncheon in December.*

• **COINS FOR COLLEGE:** A penny jar will be at each meeting to contribute to our scholarship fund. So check your pockets and the bottom of your purse for loose change and bring to the next luncheon meeting.

• **ARTICLES WANTED:** Remember the newsletter is your voice. We welcome members to submit short articles (200 to 300 words) that reflect women in business, women issues or subjects that our membership would find helpful.

The Networker newsletter also offers SBWN members an opportunity to stay in touch with what other members are up to with posts in *Network in the News* and *Personal Notes* columns. Our newsletter deadline is the 15th of each month. If you have any questions or submissions, contact us via email, [info@sbwn.org](mailto:info@sbwn.org).

• **ADVERTISING OPPORTUNITY** - SBWN Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to [info@sbwn.org](mailto:info@sbwn.org)

## 2018-2019 SBWN Board of Directors

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Open

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### LUNCH RESERVATIONS

[info@sbwn.org](mailto:info@sbwn.org)  
[www.sbwn.org](http://www.sbwn.org)

## More Photos of September Luncheon



## October Mix & Mingle At Stax Wine Bar



Join us on Tuesday, October 16th, 5:30 pm at STAX WineBar & Bistro, 1099 Embarcadero, Morro Bay to visit with We invite members to bring a guest or two to learn about South Bay Women's Network.

Enjoy appetizers and wine tasting. Guest are eligible to win a free membership.

*NEXT NEWSLETTER DEADLINE: October 15th*

**ONE MONTH FREE  
BUSINESS CARD SIZE AD  
FOR ALL MEMBERS  
YOUR AD HERE!**

**ADVERTISING OPPORTUNITY - SBWN**  
Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to [info@sbwn.org](mailto:info@sbwn.org).

## SBWN Auction/Raffle Donation Guidelines

***Dear SBWN Members:*** This sheet contains detailed guidelines for the collection of auction/raffle gifts for this year's Holiday Dinner & Benefit. (Note that the raffle is to benefit the Women's Shelter Program of San Luis Obispo.) ***It is important to adhere to the following guidelines to make the process as smooth as possible.***

The Auction/Raffle Gift Coordinator this year is **Gila Zak**. She will be keeping the Master List of donors, so that we do not duplicate our requests. Please keep her posted when/if you solicit any donations. If you have any questions about auction donations, please contact her. **A donation form must be filled out for ALL donations.**

**Please note:** We will NOT be able to accept donations after the deadline listed below, and we ask you do NOT bring donations on the evening of the Holiday Dinner & Benefit. Thanks for your help!

<b>Event Chair:</b>	Deborah Howe
<b>Gift Drop-Off Deadline:</b>	Sunday, November 25, 2018
<b>Gift Drop-Off Location:</b>	Home of Gila Zak, 749 Mar Vista Dr., Los Osos
<b>Gift Donation Organizer:</b>	Gila Zak 528-1408/cell 704-3599

### ***Donation Guidelines:***

1. Please ensure that all gifts are self-contained (i.e., if there are several parts to the gift, they should be enclosed in a basket or a gift bag. Please do not bring loose items.)
2. **FORMS (Available from SBWN Board Member):** Please fill out the 3-part donation form legibly and completely. It's very important to write in a good description of the gift, especially the contents of gift baskets. The benefit gift coordinators will not have time to do this before the Holiday Benefit.
3. The BOTTOM sheet – give to donor as a receipt.
4. The TOP 2 sheets – turn in with the gift to Gila for organizing.
5. Please ask the donor for two (2) business cards. Attach (1) to gift, (1) to donation form.