

## South Bay Women's Network Installs 2013/2014 Board of Directors



(l. to r.) Past President Dee Corcoran, President Gila Zak, Vice President Debra Angell, Secretary Sandra Brazil, Membership Director Christine Womack, Marketing Director Dawn Rodden, Special Events Director Christine Marshall, Historian Sally Brooks, Co-Historian Director Monica Randeem. Not pictured are Treasurer Arlene Triplett and Special Events Co-Director Paulla Ufferheide.



Sandra Brazil presented outgoing president Dee Corcoran with a beautiful crystal vase. Flower arrangement by Marshall Gardens.



Above) 2012/2013 President Dee Corcoran installs 2013/2014 President Gila Zak. Sandra Brazil (top right) and Debra Angell (bottom right) light candles to represent installation of their new board positions.



Dee presented a positive and enjoyable Installation of Officers at April's luncheon meeting.



Christine Marshall of Marshall Gardens. **More photos on page 4.** Photos by Monica Randeem

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### Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

## SBWN 2013-2014 Coming Events

### MAY

Luncheon  
Tuesday, 7th @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### Speaker:

Rosh Wright  
SLO Little Theater

#### Board Meeting

Tuesday, 14th @ 8:30am  
2238A Bayview Heights  
Los Osos

#### CLOSET SWAP

Friday, 17th • 6 pm  
The Great Skin Company  
2122 9th Street, LO

### JUNE

Luncheon  
Tuesday, 4th @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### Speaker:

Maggie McKay  
Maggie's Meticulous  
Frame & Gift Shop

#### Board Meeting

Tuesday, 11th @ 8:30am  
2238A Bayview Heights

### JULY

Luncheon  
Tuesday, 2nd @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### New Member Spotlight

#### Board Meeting

Tuesday, 9th @ 8:30am  
2238A Bayview Heights  
Los Osos



## A Message from Our President

Hello all SBWN Members!

Spring time brings us not only a new board, but here on the central coast it is blustery and blooming! As your new President, I am busy working with the board to plant seeds for the new year in which we will be hosting more evening mixers and events, reach out to past and potential new members and work to move our organization to the next level! As this is our 30th year anniversary, we also plan to host a celebration and look to long time members for their wisdom and support in how this would be most appropriate. Thanks to a job well done by the previous board, we start off the fiscal year in a solid position and look to build upon this

foundation to do the good work that we do for our community as well as promote our members in business.

As your new President, I would also like to take this opportunity to put out to all members a call to contact me personally with your ideas and insights. Remember that you have a voice in how this organization is run, the events we host and the topics of our luncheons. We are always looking for dynamic ways to network and promote our businesses and with the pool of talent we have within our membership I look forward to collaborating with you!

Finally, I leave you with this quote – it applies to all of YOU, our esteemed members but also to our organization: Be yourself. The world worships the original. (Ingrid Bergman) Happy 30th Birthday to us!

– Gila Zak

**MEMBERS have either a standing or absentee reservation for lunch.**

**Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting.**

**Book your reservation by calling 595-SBWN, emailing [info@sbwn.org](mailto:info@sbwn.org) or online at [www.sbwn.org](http://www.sbwn.org)**

## How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$18 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. To receive a membership application call 595-SBWN or visit [www.sbwn.org](http://www.sbwn.org).

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

**We had 18 Members & Guests  
at our April Luncheon  
Welcome New Member  
Claudia Gwinn**

## IMPORTANT SBWN Luncheon News

With the 2013/2014 year just beginning, please take the time to review your luncheon status. Any change to your permanent lunch reservation status can be made by calling 805.595.7296 or emailing [info@sbwn.org](mailto:info@sbwn.org) by Friday, May 3. Luncheon reservations and cancellations due by noon on the FRIDAY before the luncheon.

We look forward to seeing you in May.

**Membership fees are  
NOW due.**

If you have not paid dues by May's Luncheon you will be charged the guest meeting fee of \$18.

## Rosh Wright of SLO Little Theater Featured Speaker in May



On Tuesday, May 7, 2013, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon.

At May's luncheon meeting, Rosh Wright of SLO Little Theater will be the guest speaker. Since moving to the Central Coast twelve years ago, Rosh has been very involved in local theatre and independent movies, in addition to Improv comedy, TV commercials and radio. She has appeared in several SLO Little Theatre productions including The Trip to Bountiful, Daughters of the Lone Star State, Sherlock's Last Case and Enchanted April. She believes in the transformative power of live theatre both from the actor and the audience perspective.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$16 for members and \$18 for guests. For required guests reservations and member cancellations please call 595-7296, email info@sbwn.org or book online at www.sbwn.org no later than 12 noon the Friday prior to the meeting.

### A thought for the month...

*"Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve."*

– Mary Kay Ash  
founder Mary Kay Cosmetics

## ANNOUNCEMENTS!!!!!!

- **LO/BP BUSINESS SHOWCASE, FRIDAY, APRIL 26TH at the South Bay Community Center from 5:30 to 7:30 pm.** Come by our SBWN Booth (#1) to say hello and stop by other SBWN members who will be exhibiting: The Pampered Chef/Sandra Brazil, Juice Plus/ Leslie Kasanoff and Financial Service Trends, Inc./Dee Corcoran.

- The LO/BP Chamber of Commerce is spearheading a **Community Cookbook**. Do you have a favorite recipe to share.

You can check out the submission guidelines and submit you recipe to [lobpccmarketing@gmail.com](mailto:lobpccmarketing@gmail.com). The DEADLINE has been extended until the goal of 150 recipes has been reached.

- **PROMOTING OPPORTUNITY** - If you have a product you wish to offer our members at lunch please contact the President. We are allowing only 3 members to bring their items to display at the end of the lunch meeting so first come first serve. All transactions must be conducted after our luncheon.

- **Remember the newsletter is your voice.** *The Networker* newsletter invites SBWN members to provide *women in business*, *women in life* articles and photos of important events. A newsletter is one of the best ways for network members to stay in touch with what other members are doing. Keep them posted in **Network in the News** and **Personal Notes** columns. Information can be emailed to [info@sbwn.org](mailto:info@sbwn.org)



## Birthday Girls

Sally Brooks ..... May 9  
Nicole Bush..... May 19  
Linda Settevendemie..... May 29

## 2013-2014 SBWN Board of Directors

### President

Gila Zak

Quantum Waves Biofeedback  
704-3599  
[quantumg@sbcglobal.net](mailto:quantumg@sbcglobal.net)

### Vice-President

Debra Angell

Hair & Make-Up by Angell  
528-7798  
[debangell@charter.net](mailto:debangell@charter.net)

### Treasurer

Arlene Triplett

528-1186  
[atripca@aol.com](mailto:atripca@aol.com)

### Membership Director

Christine Womack

Raymond James Financial  
654-7777  
[christine.womack@raymondjames.com](mailto:christine.womack@raymondjames.com)

### Marketing Director

Dawn Rodden

Creative Design Graphics  
528-8263  
[studio@creativedesigngraphics.com](mailto:studio@creativedesigngraphics.com)

### Special Events Co-Directors

Christine Marshall

Marshall Gardens

528-7725

[flowerlady@marshallgarden.com](mailto:flowerlady@marshallgarden.com)

Paulla Ufferheide

Wines for Humanity

900-5152

[paulla@winesforhumanity.com](mailto:paulla@winesforhumanity.com)

### Historian Co-Directors

Sally Brooks

The Great Skin Company

528-6957

[sallyskin@yahoo.com](mailto:sallyskin@yahoo.com)

Monica Randeem

Keller Williams Realty

772-9016

[monicarandeem@kw.com](mailto:monicarandeem@kw.com)

### Past President

Dee Corcoran

Financial Service Trends, Inc.

528-8388

[dee@fstrends.com](mailto:dee@fstrends.com)

### LUNCH RESERVATIONS

595-SBWN

[info@sbwn.org](mailto:info@sbwn.org)

## Installation of Officers at April Luncheon Meeting



Dee installs Christine Womack as 2013/2014 Membership Director.



SBWN Members and guests enjoy chips and salsa before lunch is served.

## The Closet Swap is Back And You're Invited

**WHO:** All South Bay Women's Network Members and their women guests

**WHAT:** South Bay Women's Network CLOSET SWAP

**WHY:** To Benefit the SLO Women's Shelter, have fun and update our closets/clothes.

**WHERE:** The Great Skin Company, 2122 9th Street, LO

**WHEN:** 6:00 p.m. to 9:00 p.m. • Friday, May 17, 2013

**DOOR DONATION:** \$15.00 (wine and appetizers served)

**WHAT TO BRING:** Items of clothing that you would wear BUT don't because - they're too big, small, young, old, wrong color - just not you anymore. This also includes jewelry, shoes, purses, nice jeans, coats, etc.

Yes, you can bring evening clothes. They must be in good condition. Also, since they are not appropriate for donation

to the Women's Shelter, you must either be prepared to take them home with you.

**WHAT NOT TO BRING:** shorts, t-shirts with logos on them, bathing suits, torn or dirty clothes or old things you wouldn't be caught dead in. All items should be reasonably up to date (no "disco magic" or '80's shoulders, please.).

- All clothing should be clean, on hangers and in good condition. (We will have some extra hangers if you don't have enough.)
- A portion of the proceeds and all the clothing that's left over after we have fun clothes swapping goes to the SLO Women's Shelter. The clothing will be used by the Shelter residents for court appearances and job interviews. As you may know, many women who end up at the Women's Shelter leave their homes with just the clothes on their backs so we really try to give them nice things they'll feel good in.
- No clothing brought to the Closet Swap can be resold.

**ADVERTISING OPPORTUNITY - SBWN** Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, 595-7296 for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to [info@sbwn.org](mailto:info@sbwn.org).

**ONE MONTH FREE  
BUSINESS CARD SIZE AD  
FOR ALL MEMBERS**

**YOUR AD HERE!**

Contact Marketing Director for info, 595-7296.

**NEXT NEWSLETTER DEADLINE: May 15th**