

Todd Davidson of Sage Eco Gardens & Nursery Offered Gardening Tips for the Busy Women



Todd brought samples of plants that are easy to maintain.

Vice President Debra Garcia (r.) along with Membership Director Rita Flores chatted with Todd before his presentation.



Members Dianne Woodworth (l.) and Irene Neale (r.) welcome new (returning) member Elizabeth Aloe and catch up over lunch.



Guest and former member Teri Mansker with member Lynette Tornatzky asked gardening questions of Todd.

Photos by Rosa Metzler, Lois Taylor and Debra Garcia

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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2016-2017 Coming Events

Mix & Mingle

Friday, June 24th • 6pm
Sage Eco Gardens & Nursery
Wine Tasting by Wines for Humanity

JULY

Luncheon

Tuesday, 5th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Member Spotlight

Board Meeting

Tuesday, 12th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

AUGUST

Luncheon

Tuesday, 2nd @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

TBA

Summer Evening Scholarship Benefit

Saturday, 13th @ 5pm

Board Meeting

Tuesday, 9th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

SEPTEMBER

Luncheon

Tuesday, 6th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

TBA

Board Meeting

Tuesday, 13th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO



More photos of June Luncheon featuring Sage Eco Gardens & Nursery



More samples of drought resistant plants.



Treasurer Lois Taylor enjoyed the presentation.



Due to the Adopt-a-Poll and graduation week, lunch attendance was light this month.

MEMBERS have either a *standing or absentee reservation for lunch.*
Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting.
Book your reservation online at www.sbwn.org or email info@sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$20 meeting fee for members; \$25 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at www.sbwn.org or email info@sbwn.org to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

Mix & Mingle Membership Mixer

Friday, June 24th
6:00 to 8:00 pm
Sage Eco Gardens & Nursery
1188 Los Osos Valley Rd, LO

Featuring
Wine Tasting presented by
Maria O'Reilly of
Wines for Humanity

**We had 12 Members & Guests
at our June Luncheon**
**Welcome New Members
Elizabeth Aloe**

ANNOUNCEMENTS!!!!!!

- MARK YOUR CALENDAR:** Summer Evening Benefit is scheduled for Saturday, August 13th, 5 pm to 8 pm. **SEE ATTACHED FLYER.** We will hold our regular luncheon Tuesday, August 2nd and feature an exciting program. Check the online calendar for updates.
- SCHOLARSHIP BENEFIT REQUESTS:** We are looking for SPONSORS and RAFFLE PRIZES for the August 13th Good, Bad and the Ugly Summer Evening Scholarship Benefit. If you have a gift item to donate or wish to be a sponsor, please send an email to info@sbwn.org or contact Gila Zak at (805) 704-3599.
- PENNIES FROM HEAVEN:** A penny jar will be at each meeting to contribute to our scholarship fund. So check your pockets and the bottom of your purse for loose change and bring to the next luncheon meeting.
- Remember the newsletter is your voice. The Networker newsletter invites SBWN members to provide women in business, women in life articles and photos of important events. A newsletter is one of the best ways for network members to stay in touch with what other members are doing. Keep them posted in Network in the News and Personal Notes columns. Information can be emailed to info@sbwn.org



Birthday Girls

- Linda Albro..... July 3
- Lynne Singer..... July 9
- Kelley O'Neill..... July 15
- Elizabeth Aloe..... July 28

July Luncheon Meeting will Feature New Members in the Spotlight

On Tuesday, July 5, 2016, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon. Join us for lunch as we learn about our newest members.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$20 for members and \$25 for guests. For guests reservations and member cancellations please visit our website at www.sbwn.org or email us at info@sbwn.org no later than 12 noon the Friday prior to the meeting. Bring a friend to lunch!



Working the Adopt-a-Poll 12 to 3 pm shift are Peggy Zatt, Christine Womack (Poll Inspector) and Lois Taylor
Photo by Dawn Rodden

SBWN Scholarship Applications Now Available

SBWN is accepting scholarship applications for a Cuesta College female re-entry student. Members may nominate a woman whose education would benefit from this scholarship opportunity. The **Application/Nomination is included in this issue and will be available online after July 1st.**

2016-2017 SBWN Board of Directors

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LUNCH RESERVATIONS

info@sbwn.org

Should I even plant in the drought?

by Todd Davidson

During this daunting drought on the Central Coast, with skyrocketing water rates, and high temperatures, many people are opting not to plant and add new life to their gardens. You may be wondering if it is even worth it to be planting in the drought. We know that water supports life and landscapes can't live without it.

As beneficial as it may seem from a water conservation standpoint to not plant and establish new installations, it is more important to do a thorough inventory of all your existing plants. Remove and compost any plants that have high water needs. Your insatiably thirsty lawn may need a sod cutter to remove.

Next, look closely at your current irrigation system and examine how much water is coming from your irrigation control clock program. Is it accurate? Wasteful? Can your garden survive on less water? Turn on each valve and walk the hydro zone and ensure there are no wasteful leaks, over spray or breaks. Make all necessary repairs so that you can make sure the water is going exactly where you want it to go.

Gardens still need nature's natural pest controllers called "biological control" from predatory insects to keep plant insect pests in balance. Biological plant diversity encourages insect diversity beneficial insects and beneficial predatory insects alike. Consider the importance of plant diversity in

your garden design as this is a nature's pest control service free of pesticides and toxins. Lean on beneficial predatory insects to do the lion's share of insect pest control work in your landscape.

Even in a parched drought, we can conserve water with drought resistant plants that cover large spreading areas and help insulate the soil moisture with ground covers like Pacific Mist Manzanita, Grevillea Austriflora fanfare and Blue chalksticks. Utilize spreading rhizomes such as Alstroemerias, Canyon Prince Wild Rye and Yarrow can also take up large areas that reduce water use while adding needed biological diversity, soil erosion conservation, cut flowers, bee and butterfly nectarines and pure aesthetic beauty.

Other water conserving approaches for your Central Coast landscape are installing rain water tanks, laundry grey water systems, smart irrigation control clocks with rain, soil and solar sensors and maintaining at least three inches of mulch. Despite the drought, there are many ways you can enjoy your yard, celebrate your Central Coast landscape, and increase your property value. Should this task seem more than you have time or skills for, be sure to hire a local licensed landscape professional.

Todd Davidson is General Manager for Sage Ecological Landscapes

A thought for the month...

"The essential elements of giving are power and love - activity and affection - and the consciousness of the race testifies that in the high and appropriate exercise of these is a blessedness greater than any other".

— Mark Hopkins

ADVERTISING OPPORTUNITY - SBWN
Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org.

**ONE MONTH FREE
BUSINESS CARD SIZE AD
FOR ALL MEMBERS
YOUR AD HERE!**

NEXT NEWSLETTER DEADLINE: July 15th

SAVE THE DATE



Summer Evening Scholarship Benefit Saturday, Aug 13th 5:00 - 8:00 pm The Red Barn in Los Osos

“Put your drawers on, and take your gun off.”

Join us for an evening of raucous gambling, libations, gun slinging and general old west style flair.

South Bay Women's Network will be hosting their Annual Scholarship Fundraiser for Female Cuesta College Re-Entry Students.

More details to follow, you won't want to miss this one.
Which card will YOU draw?



SBWN Scholarship Application and Nomination Form

Instructions

If you are nominating a woman for the SBWN Educational Scholarship, please fill out the SBWN Nomination Form. Please refer to the guidelines below before completing the Nomination Form. Only those who meet the basic guidelines will be considered.

If you are applying for the SBWN Educational Scholarship, please fill out the SBWN Scholarship Application. Please refer to the guidelines below before completing the Scholarship Application. Only those who meet the basic guidelines will be considered.

Completed Nomination Forms and Scholarship Applications can be emailed to info@SBWN.org or sent to P.O. Box. 6213, Los Osos, CA 93412-6213

SBWN Educational Scholarship Guidelines

1. Female; minimum 21 years of age
2. Must be a re-entry student (see definition below)
3. No prior degree, including an Associate Degree (AA or AS); certification is acceptable
4. Must be a part or full time student attending Cuesta College

A re-entry student, defined in the educational system, is one who attends college following an interruption in their post-high school education. The student either did not attend college after high school or the student started a degree but was unable to complete it.

 Nomination Form:

Must be postmarked or received by September 16, 2016

Date: _____ Name of Nominee: _____

Nominee Address: _____

Nominee Contact Number: _____ Nominee Email Address: _____

Does the nominee meet the basic guidelines? _____ How long have you know the nominee? _____

How do you know the nominee? _____

For what reason did the nominee discontinue their education? _____

For what reason did the nominee return to pursue, or begin pursuing, their education as a re-entry student? _____

What makes the nominee a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit the nominee? _____

Nominated by: _____

Contact Number: _____

Email Address: _____

SBWN Scholarship Application:

Must be postmarked or received by September 16, 2016

Date: _____ Name: _____

Address: _____

Contact Number: _____ Email Address: _____

Do you meet the basic guidelines? _____ List any post-high school certificate earned: _____

How long have you been attending Cuesta College? _____

How many credits have you earned at Cuesta College? _____

Have you earned credits at any other college, if so, please list: _____

For what reason did you discontinue you education? _____

For what reason did you return to pursue, or begin pursuing, your education as a re-entry student?

What makes you a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit you and your educational goals? _____