

Members and Guests Play “One Thing We Don’t Know About You” Game at July Lunch



New member Lyn Matasci with Membership Director Jill Hamblin.

Photos by Dawn Rodden



SBWN Secretary Lynnette Tornatzky shared about her campaign to save the Tule Elk.



Guest Louise Pevreal describes the area where she grew up in Austrailia.



SBWN Treasurer Rita Flores shared her experience as a chef at a Michelin star restaurant.



New member Autumn Clark.

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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women’s Shelter Program of San Luis Obispo County and award Cuesta College Scholarship(s) to female adult re-entry students.

SBWN 2018-2019 Coming Events

AUGUST

Luncheon

Tuesday, 7th @ noon
Lunada Garden Bistro
78 N Ocean Ave.
Cayucos

Speaker:

Greg Steinberger
Doc Burnstein's Ice Cream Lab

**Old-Fashioned
Ice Cream Social
Scholarship Benefit**
Saturday, August 11th
2 to 4 pm
Little Schoolhouse
LO Community Park

Board Meeting

Tuesday, 14th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

SEPTEMBER

Luncheon
Tuesday, 4th @ noon
TBA

Speaker:

Megan Barnhard

Topic:

Build a Better Bio

Board Meeting

Tuesday, 11th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

OCTOBER

Luncheon
Tuesday, 2nd @ noon
TBA

Speaker: TBA

Board Meeting

Tuesday, 9th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO



August Luncheon Meeting - New Location - Greg Steinberger of Doc Burnstein's Ice Cream Lab

We are changing things up by moving our luncheons to a few locations between, Morro Bay, Los Osos and Cayucos. August Luncheon Meeting - Lunada Garden Bistro, Cayucos.

On Tuesday, August 7, 2018, South Bay Women's Network (SBWN) will meet at Lunada Garden Bistro, located at 80 N. Ocean Ave. in Cayucos at noon. Join us for lunch to hear our featured speaker Greg Steinberger, owner of Doc Burnstein's Ice Cream Lab. He will share his fundraising model for how a business can give back to the community by donating portion of profits. Steinberger has owned and operated Doc Burnstein's Ice Cream Lab in the Village of Arroyo Grande since 2003, expanding during



**MEMBERS have either a standing or
absentee reservation for lunch.**

**Member cancellations or guest reservations
are required by 12:00 P.M. the Friday prior
to the day of the meeting.**

**Book your reservation online
at www.sbwn.org or email info@sbwn.org**

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$20 meeting fee for members; \$25 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at www.sbwn.org or email info@sbwn.org to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

the last six years to include parlors in downtown San Luis Obispo and old town Orcutt.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$20 for members and \$25 for guests. For guests reservations and member cancellations please visit our website at www.sbwn.org or email us at info@sbwn.org no later than 12 noon the Friday prior to the meeting. Bring a friend to lunch!

SBWN Scholarship Applications Available

SBWN is accepting scholarship applications for a Cuesta College female re-entry student. Members may nominate a woman whose education would benefit from this scholarship opportunity. The **Application/Nomination is included in this issue and is available online under the ABOUT SBWN tab.**

ANNOUNCEMENTS!!!!!!

TAKE NOTE

AUGUST LUNCHEON
will be held at
Lunada Garden Bistro
80 N. Ocean Ave, Cayucos
We will have 3 sandwiches
with a side salad to
choose from.

• **EVENT HELPERS WANTED:** We are looking for members to help day of the 2018 Summer Evening Scholarship Benefit. Please email info@sbwn.org if you can help.

• **COINS FOR COLLEGE:** A penny jar will be at each meeting to contribute to our scholarship fund. So check your pockets and the bottom of your purse for loose change and bring to the next luncheon meeting.

• **ARTICLES WANTED:** Remember the newsletter is your voice. We welcome members to submit short articles (200 to 300 words) that reflect women in business, women issues or subjects that our membership would find helpful.

The Networker newsletter also offers SBWN members an opportunity to stay in touch with what other members are up to with posts in *Network in the News* and *Personal Notes* columns. Our newsletter deadline is the 15th of each month. If you have any questions or submissions, contact us via email, info@sbwn.org.

• **ADVERTISING OPPORTUNITY** - SBWN Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org



Birthday Girls

Shaunna SullivanAugust 19
Monica Randeem.....August 31

**We had 11 Members & Guests
at Our July Luncheon**

Welcome New Members

Autumn Clark

Branch Manager, Rabobank

Sharon Duncan

One of A Kind Jewelry

Lyn Matasci

Teacher/Instructor -

Ashford University - Adjunct Faculty

Lisa Parillo

Doterra Wellness Advocate & Rabobank

Valerie Parillo

Doterra Wellness Advocate

Megan Barnhard

Write With Megan

We Are 26 Members Strong

A thought for the month...

*"Define success in your own terms,
achieve it by your own rules, and
build a life you're proud to live."*

– Anne Sweeney,
Co-Chair of Disney Media

**NEXT NEWSLETTER
DEADLINE: August 15th**

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LUNCH RESERVATIONS

info@sbwn.org

www.sbwn.org

South Bay Women's Network

OLD-FASHIONED ICE CREAM SOCIAL

Summer Evening
Scholarship Benefit



**SATURDAY
AUGUST 11, 2018
2 TO 4 PM**

**THE SCHOOLHOUSE @
LOS OSOS COMMUNITY PARK**

Join Us for...
Doc Burnstein's Ice Cream
Bake Walk
Games & Activities
Dog Parade and more!
Free Entry

Activities & Treat tickets - \$1 each



info@sbwn.org

Proceeds benefit Cuesta College female re-entry students.



SBWN Scholarship Application and Nomination Form

Instructions

If you are nominating a woman for the SBWN Educational Scholarship, please fill out the SBWN Nomination Form. Please refer to the guidelines below before completing the Nomination Form. Only those who meet the basic guidelines will be considered.

If you are applying for the SBWN Educational Scholarship, please fill out the SBWN Scholarship Application. Please refer to the guidelines below before completing the Scholarship Application. Only those who meet the basic guidelines will be considered.

Completed Nomination Forms and Scholarship Applications can be emailed to info@SBWN.org or sent to P.O. Box. 6213, Los Osos, CA 93412-6213

SBWN Educational Scholarship Guidelines

1. Female; minimum 21 years of age
2. Must be a re-entry student (see definition below)
3. No prior degree, including an Associate Degree (AA or AS); certification is acceptable
4. Must be a part or full time student attending Cuesta College

A re-entry student, defined in the educational system, is one who attends college following an interruption in their post-high school education. The student either did not attend college after high school or the student started a degree but was unable to complete it.

Nomination Form:

Must be postmarked or received by September 7, 2018

Date: _____ Name of Nominee: _____

Nominee Address: _____

Nominee Contact Number: _____ Nominee Email Address: _____

Does the nominee meet the basic guidelines? _____ How long have you know the nominee? _____

How do you know the nominee? _____

For what reason did the nominee discontinue their education? _____

For what reason did the nominee return to pursue, or begin pursuing, their education as a re-entry student? _____

What makes the nominee a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit the nominee? _____

Nominated by: _____

Contact Number: _____

Email Address: _____

Scholarship Application:

Must be postmarked or received by September 7, 2018

Date: _____ Name: _____

Address: _____

Contact Number: _____ Email Address: _____

Do you meet the basic guidelines? _____ List any post-high school certificate earned: _____

How long have you been attending Cuesta College? _____

How many credits have you earned at Cuesta College? _____

Have you earned credits at any other college, if so, please list: _____

For what reason did you discontinue your education? _____

For what reason did you return to pursue, or begin pursuing, your education as a re-entry student?

What makes you a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit you and your educational goals? _____
